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Concurrent Session Day 2: Creating Supportive Environments

Health Promotion, the SDGs and Civil Society: Healthy & Sustainable Settings



Mark Dooris

Professor in Health & Sustainability

Director, Healthy & Sustainable Settings Unit

University of Central Lancashire



**Healthy Settings: Overview –
Theory & Practice**



**Healthy (& Sustainable) Settings:
Forging Connections**



**Examples & CSO Opportunities:
Cities, Universities, Prisons**

**Healthy Settings: Overview –
Theory & Practice**

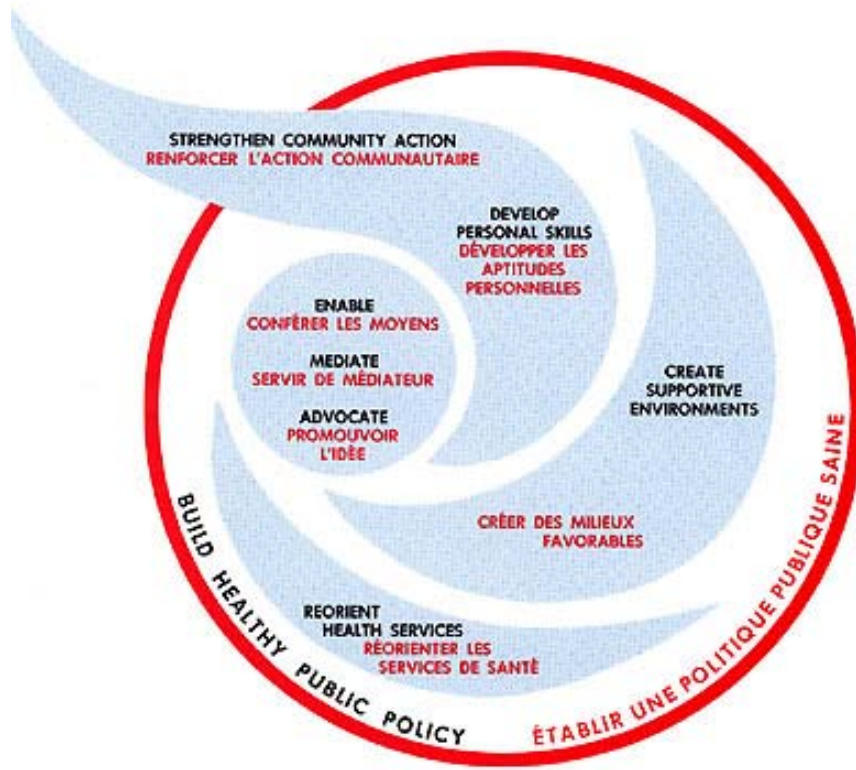


**Healthy (& Sustainable) Settings:
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**Examples & CSO Opportunities:
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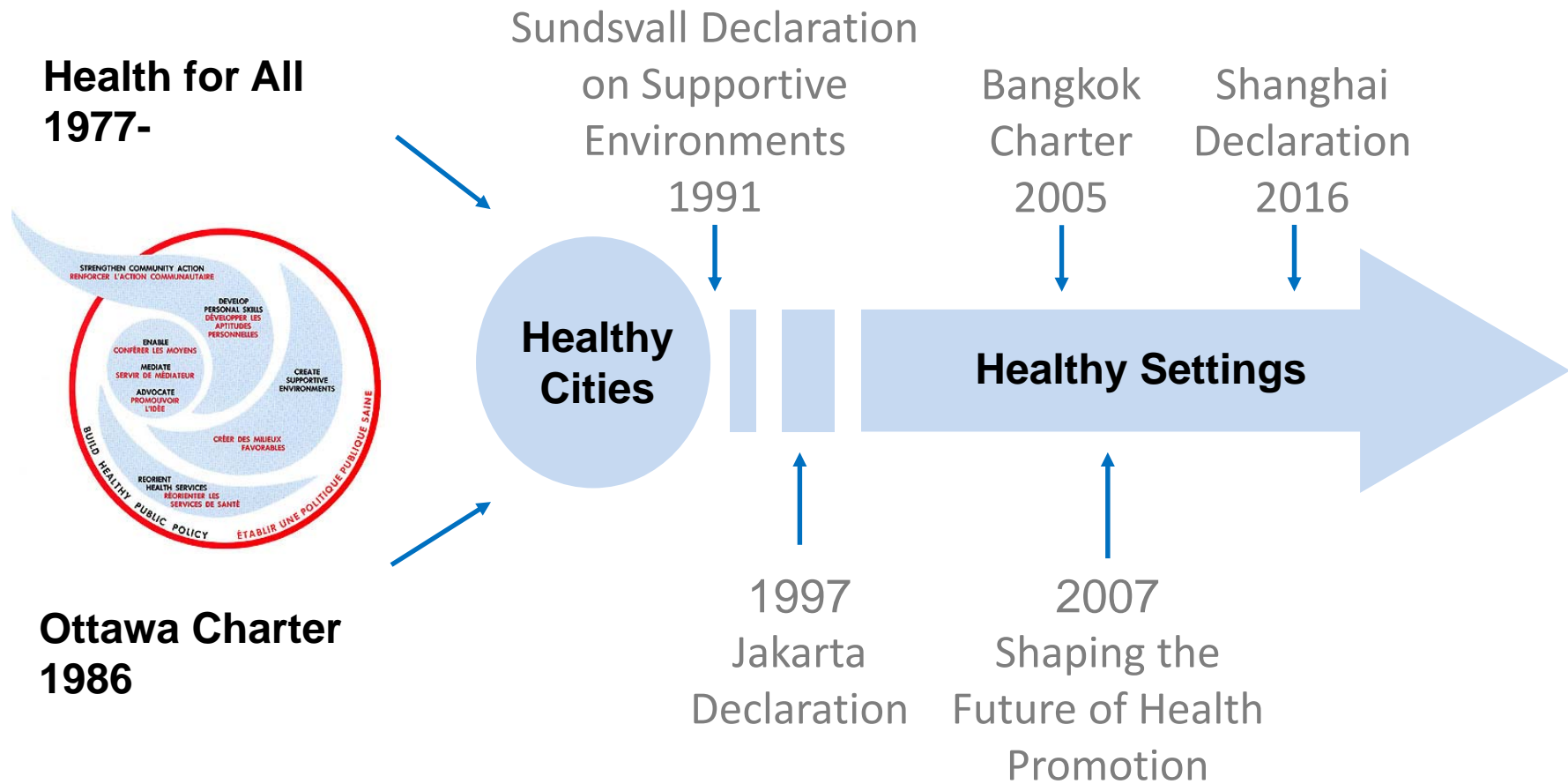
Healthy Settings: Origins and Development



“Health is created and lived by people within the settings of their everyday life; where they learn, work, play and love. Health is created by...ensuring that the society one lives in creates conditions that allow the attainment of health by all its members.”

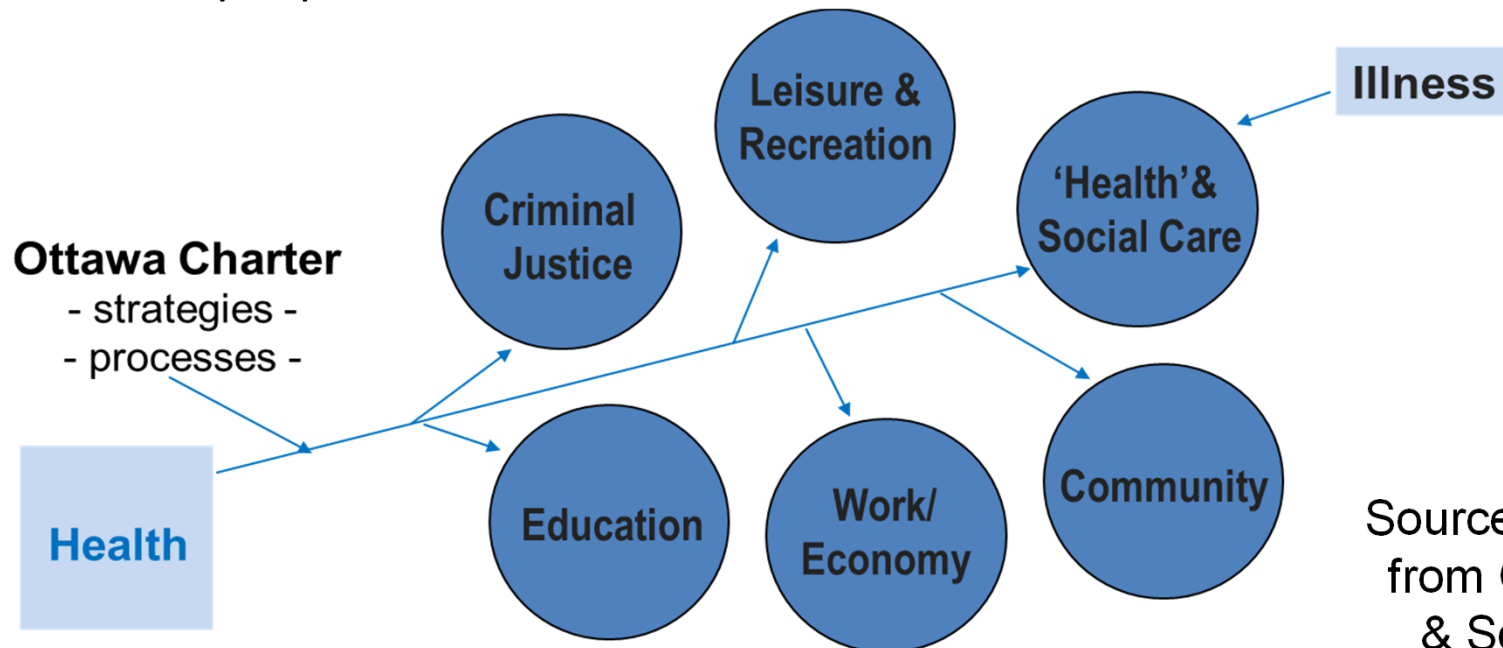
WHO (1986) Ottawa Charter

Healthy Settings: Origins and Development



Healthy Settings: Why?

- ❑ Whilst important, 'health' care is only one factor influencing health
- ❑ Health determined by range of economic, social, environmental, ecological, organisational and cultural circumstances – with direct and indirect influences
- ❑ Health promotion requires investment in the places (or 'social systems') in which people live their lives



Source: Adapted from Grossman & Scala, 1993

Healthy Settings: What?

Conceptual Framework

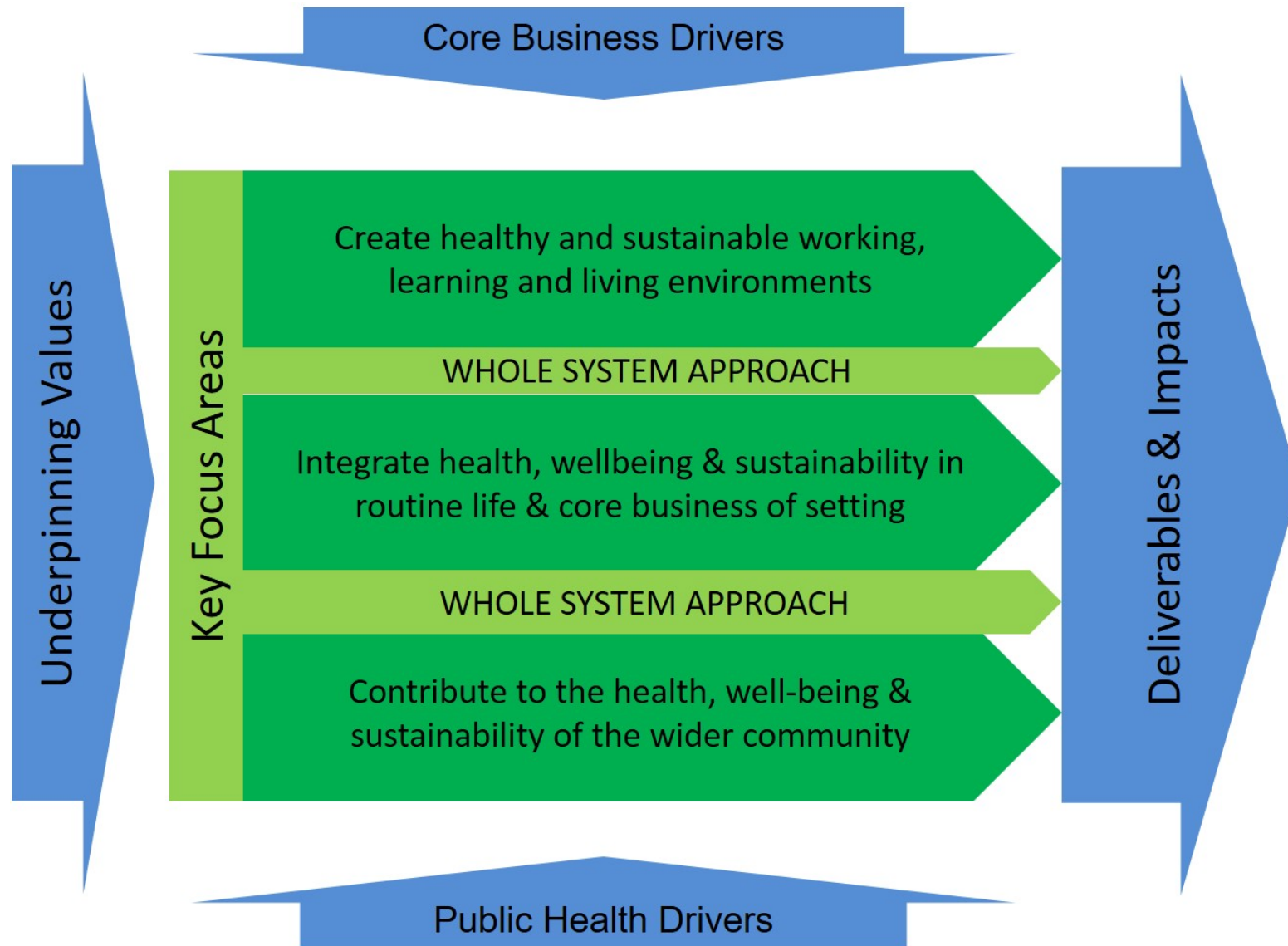
Sustainability
Empowerment
Comprehensive
Systemic
Participation
Inclusion
Justice
Whole
System
Holistic
Ecological
Salutogenic
Equity



- ☐ Salutogenic Orientation
- ☐ Ecological Model
- ☐ Systemic Perspective
- ☐ Holistic Change Focus
- ☐ 'Core Business' Alignment

Source: Adapted from Dooris, 2006

Healthy Settings: How?



Adapted from: Dooris et al, 2012

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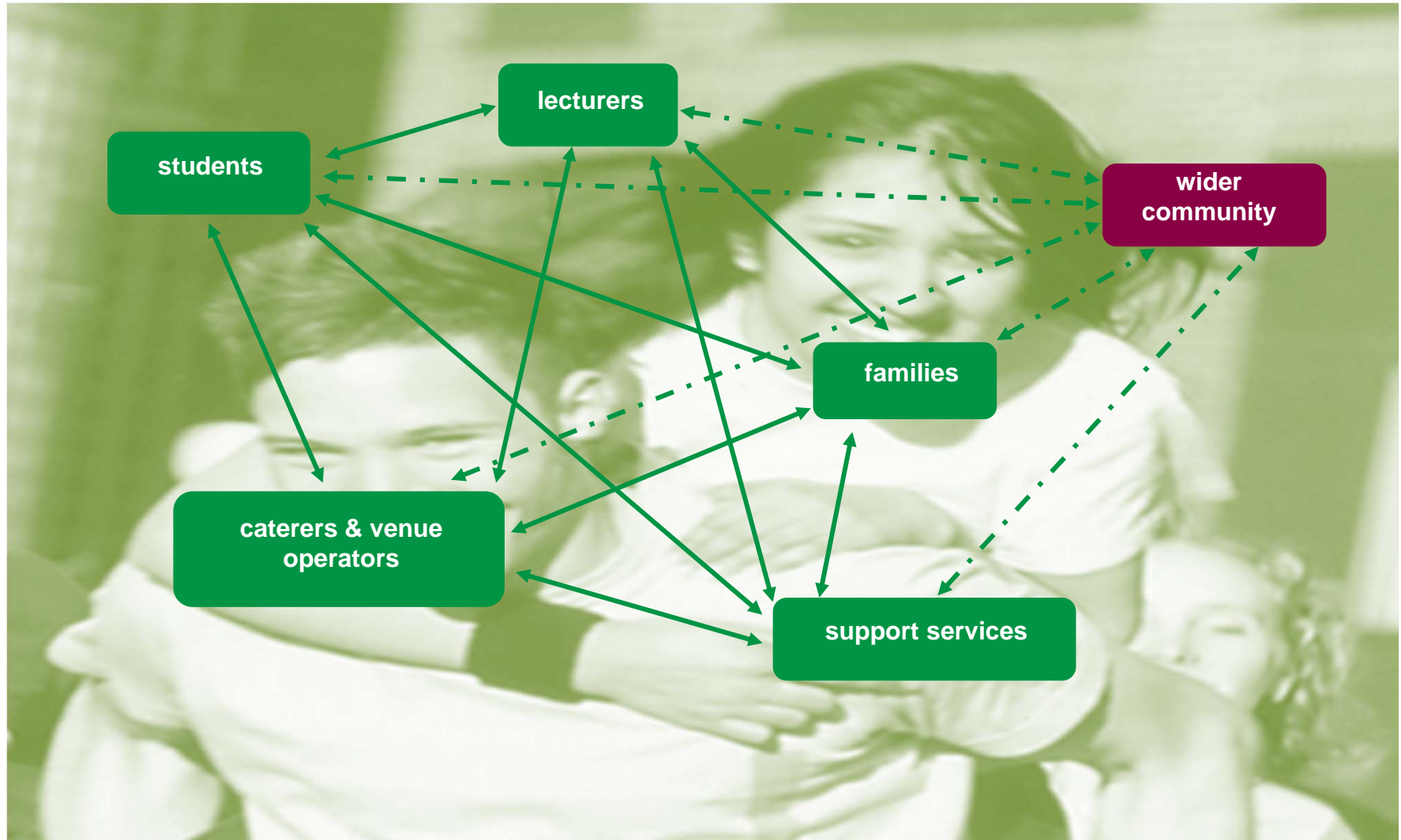
**Examples & CSO Opportunities:
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Connect Within Settings



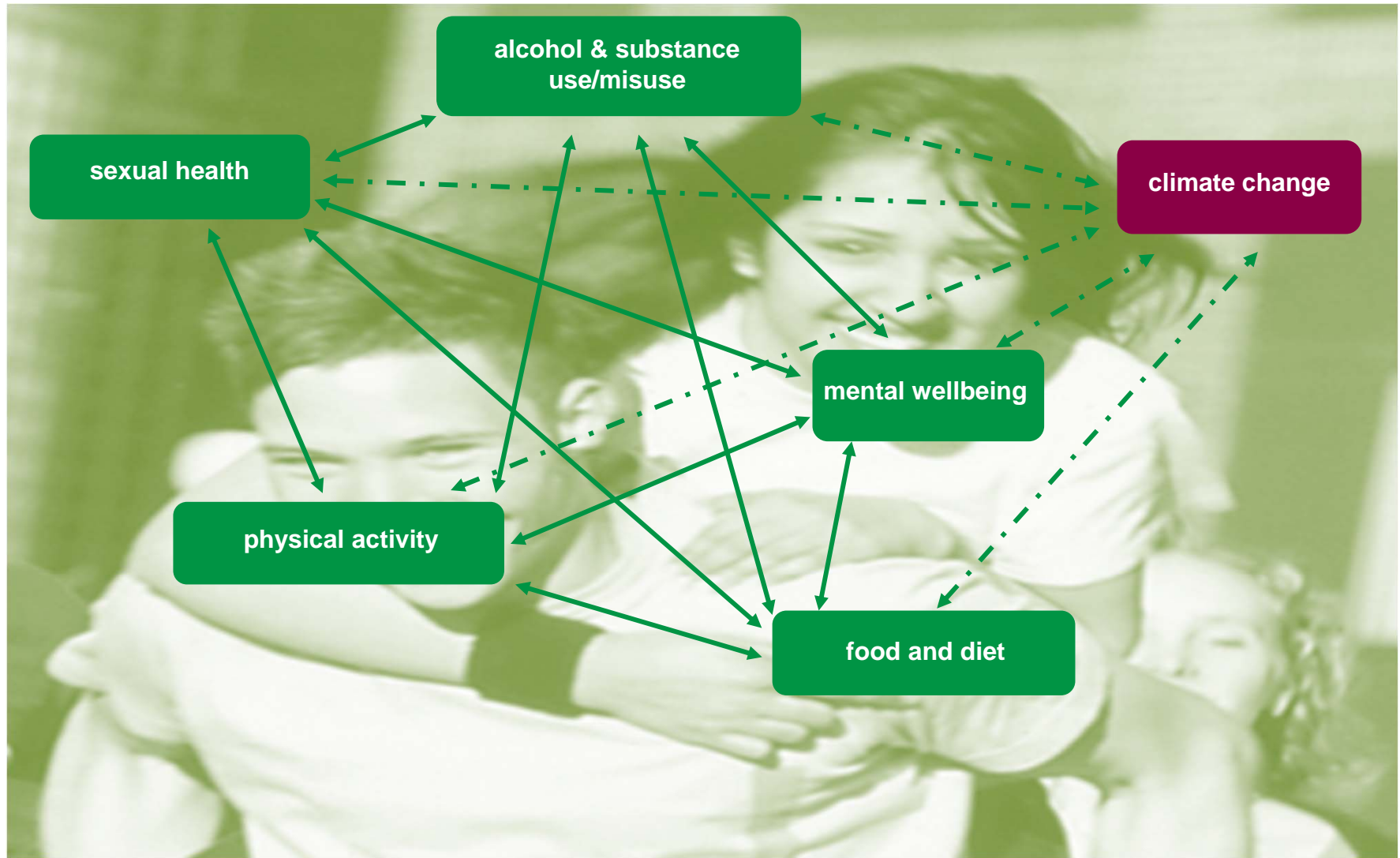
© Mark Dooris

Connecting Between People



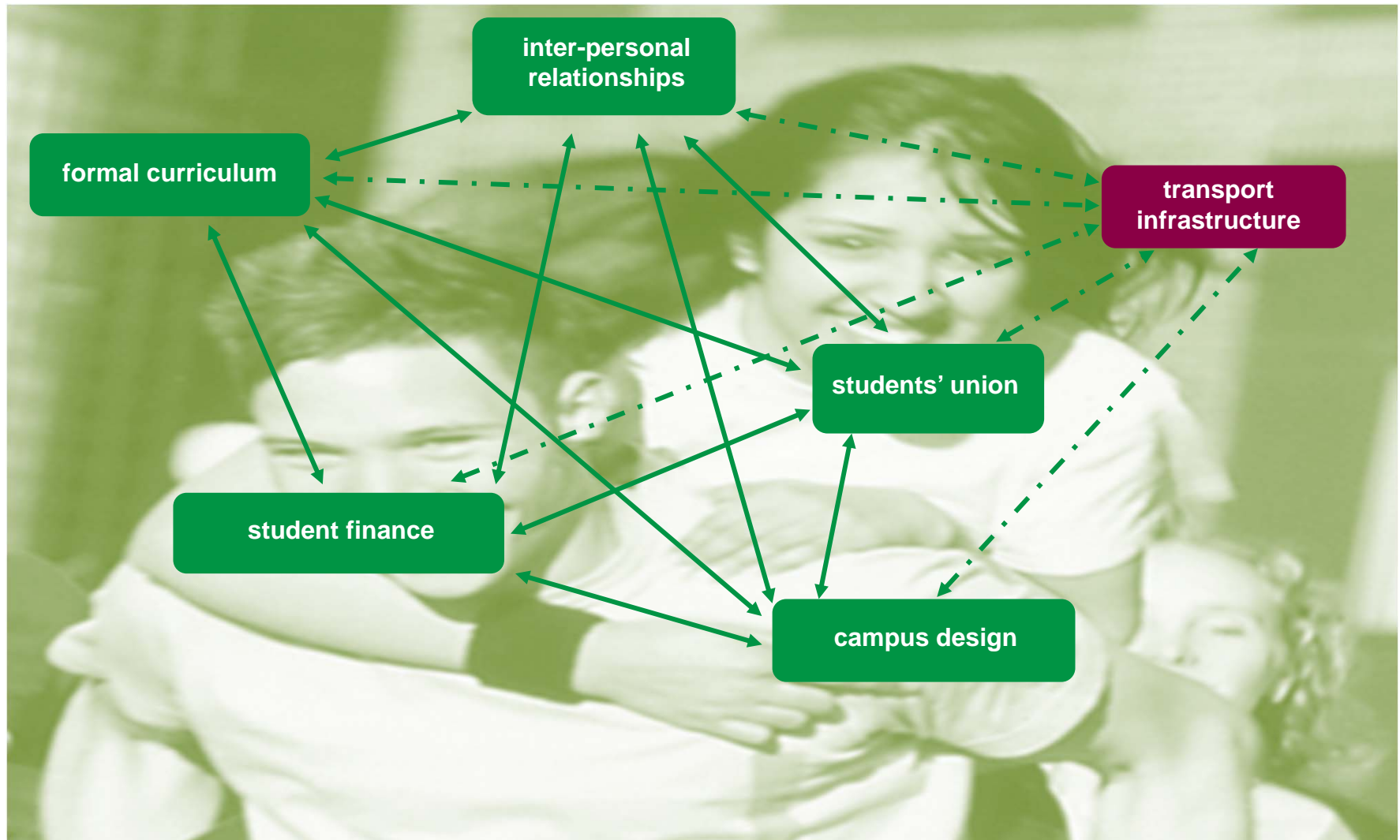
Source: adapted from Dooris, 2005

Connecting Between Issues



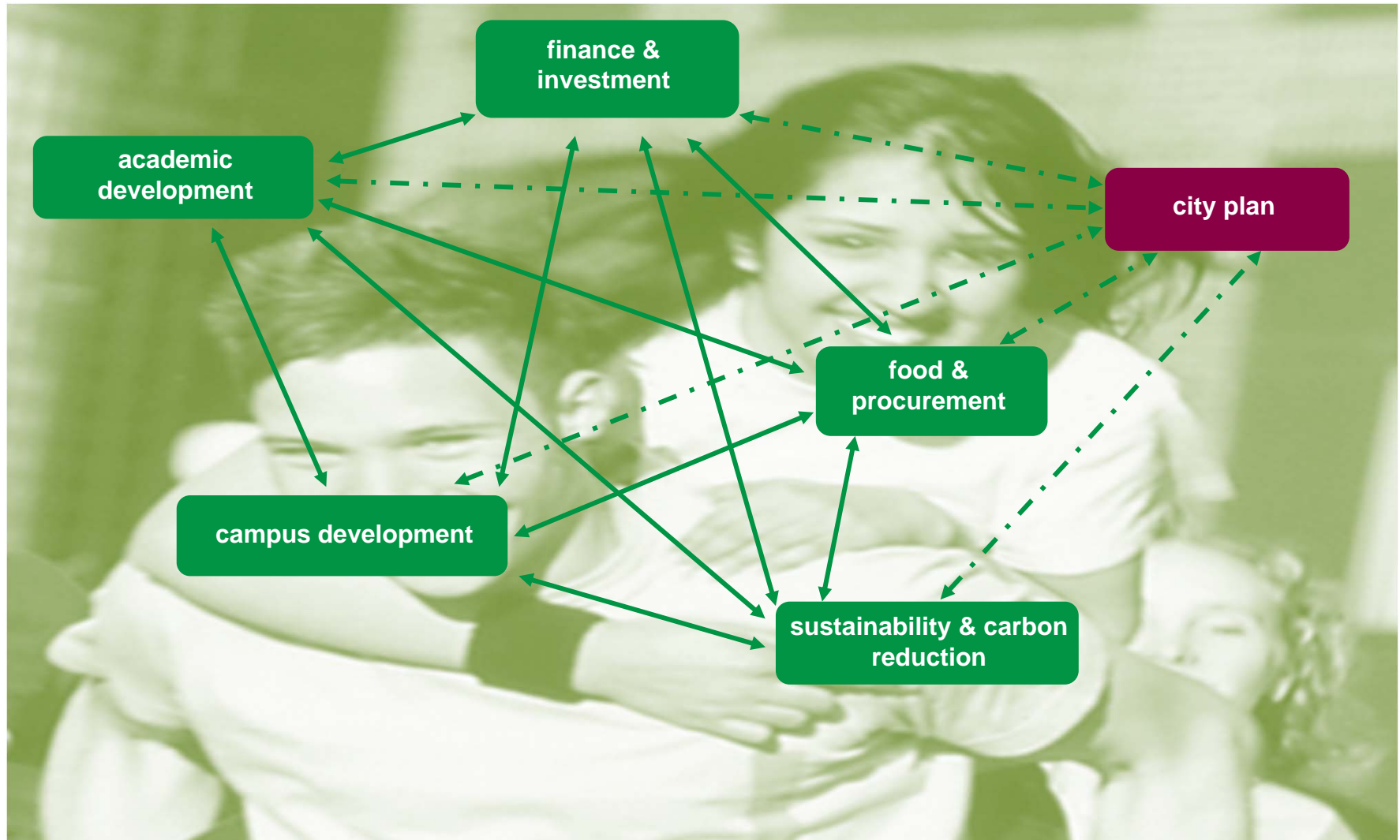
Source: adapted from Dooris, 2005

Connecting Between Components



Source: adapted from Dooris, 2005

Connecting Between Policies

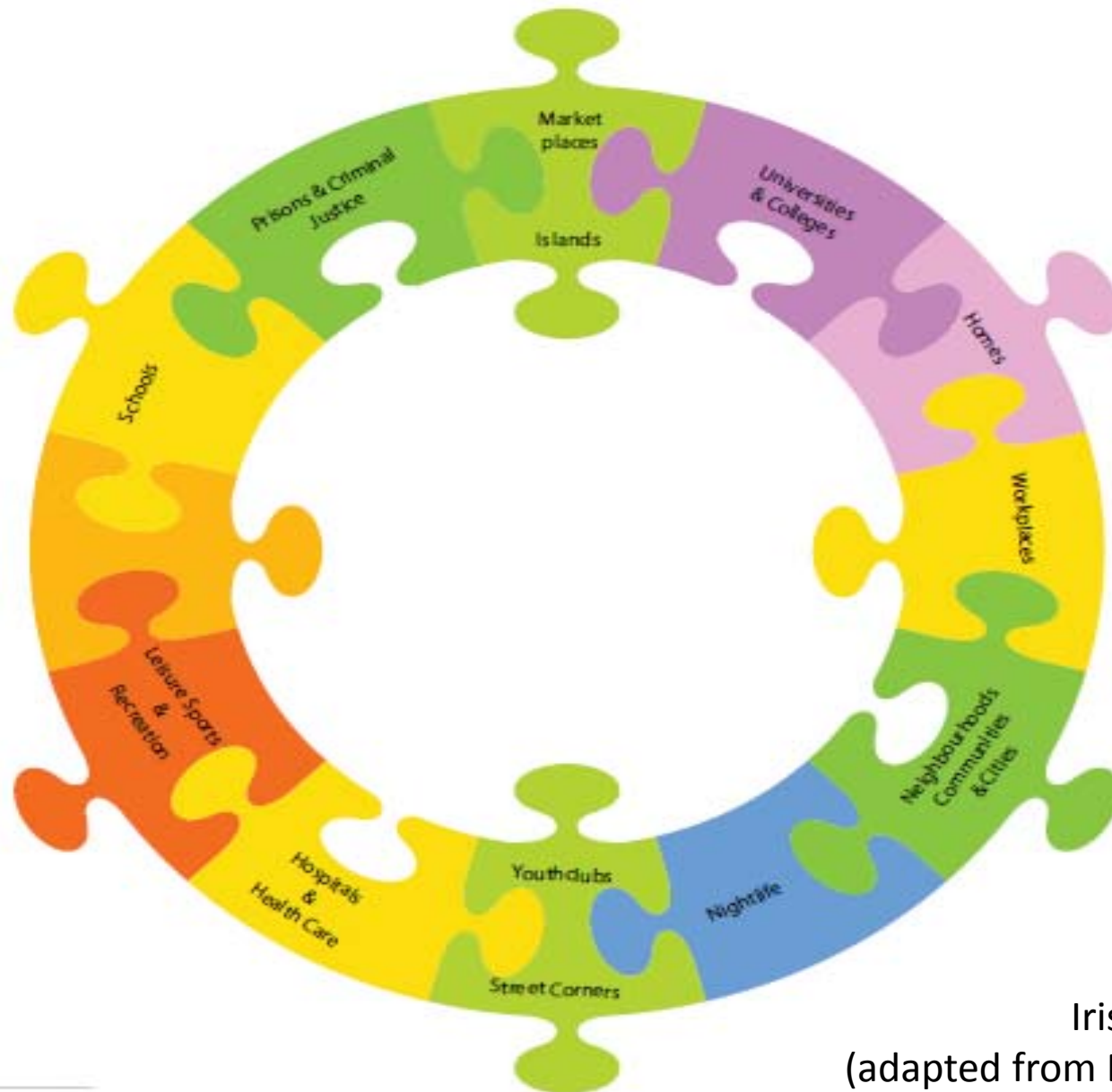


Source: adapted from Dooris, 2005

Connect Outwards



Connect Outwards



Irish HSE, 2011
(adapted from Dooris, 2004)

Connect Outwards



Useful references: Galea et al, 2000; Bronfenbrenner, 1979

“A Healthy City should be a city of healthy settings.”

Agis Tsouros, WHO Europe, Personal Communication – Doctoral Research

Connect Beyond Health



<http://office.microsoft.com>

Why Healthy & Sustainable Settings?

Interconnections & Synergy

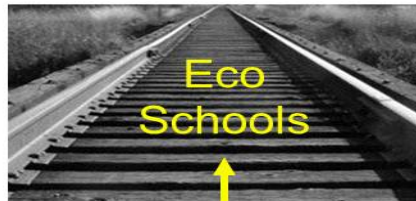
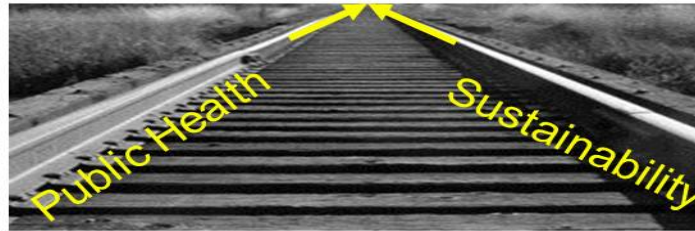
“Human health ultimately depends on the health of ecosystems...the interface of human and ecosystems health now deserves to be central for policy making.” Lang & Rayner, 2012



- ❑ Living sustainably and living healthily are inseparable. If we want a healthy future for ourselves and our children...we must look after the things that look after us.
- ❑ Environmental changes threaten human health across our planet. To avoid these impacts we need to move to a more sustainable way of living and working.
- ❑ Better health is both a goal of sustainable development and a means to achieving it. Our future depends on our actions both individual and collective. We can create a more sustainable, healthier and happier future. But we must act and we must act now.

UK Public Health Registrar Sustainable Development Network, 2013
http://www.fph.org.uk/sustainable_development

Why Healthy & Sustainable Settings? Responding to Convergence



“Something we...need to be a lot better at is avoiding ‘multiple silo’ programmes...”

Professor Trevor Hancock, Personal Communication – Doctoral Research

Connect Upwards



Acknowledgement: Healthy Schools

Global

International

National

Regional

Local



Connect Upwards: Sustainable Development Goals



“The fundamental flaw in the SDGs is the implicit assumption that the same economic system, and its still-present neoliberal governing rules, that have created or accelerated our present era of rampaging inequality and environmental peril can somehow be harnessed to engineer the reverse. This flaw is not irrevocable, however, if health promoters – practitioners, researchers, advocates – focus their efforts on a few key SDGs that, with some additional critique, form a basic blueprint for a system of national and global regulation of capitalism (or even its transformation) that is desperately needed for social and ecological survival into the 22nd century.”



Labonté, 2016

**Healthy Settings: Overview –
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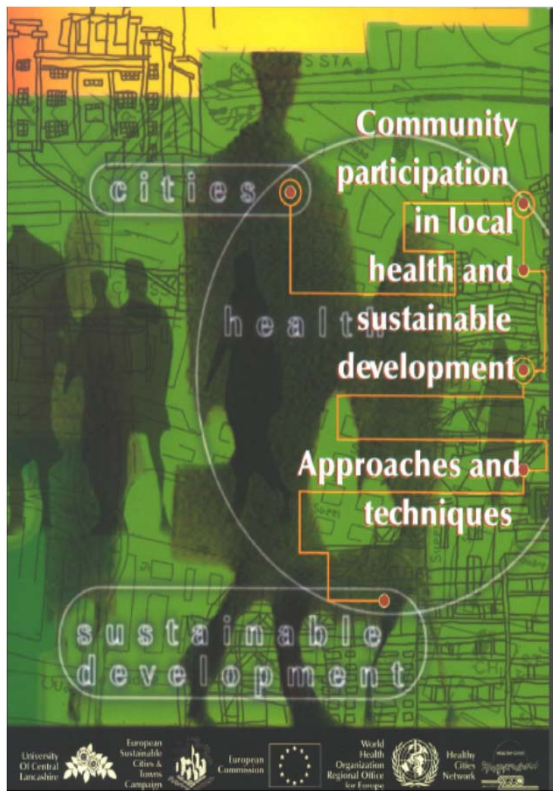


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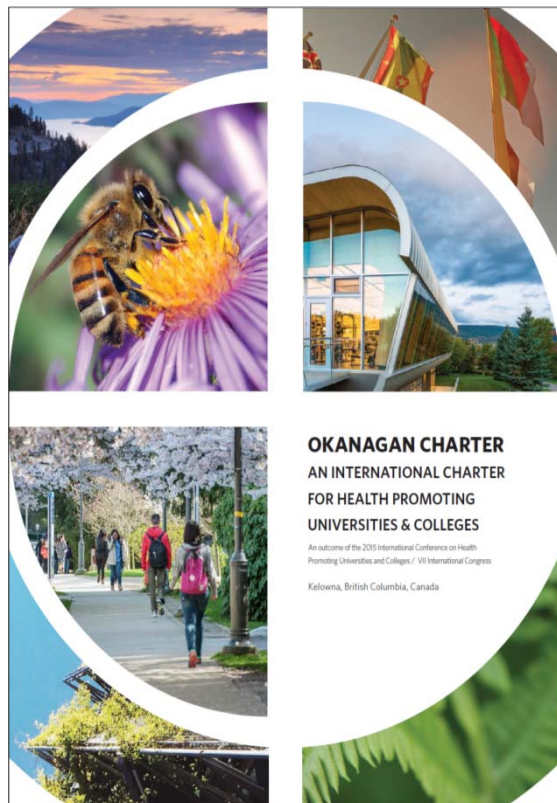
**Examples & CSO Opportunities:
Cities, Universities, Prisons**

Example 1: Healthy Cities



- ❑ Strives to promote policies and action for health and sustainable development
- ❑ Committed to intersectoral partnerships (involving CSOs) and to integrating community participation & citizen empowerment
- ❑ Concerned to combine 'top-down' municipality-led programmes with bottom-up and collaborative engagement & action
- ❑ Prioritises participatory approaches to healthy & sustainable urban design/planning
- ❑ Has not always been strong on connecting 'outwards' or 'upwards'

Example 2: Health Promoting Universities



- ❑ Health promoting universities infuse health into everyday operations, business practices and academic mandates and by doing so:
 - Enhance the success of institutions
 - Create campus cultures of compassion, well-being, equity and social justice
 - Improve the health of the people who live, learn, work, play and love on campuses
 - Strengthen ecological, social and economic sustainability of communities and society
- ❑ Requires active involvement of external agencies including CSOs – in strategic planning, service provision, teaching & advocacy

Example 3: Health Promoting Prisons



- ❑ Closely linked to system-level shifts prioritising human rights, decency & rehabilitative culture
- ❑ Increasingly focusing on ‘connecting outwards’ – wider offender pathway, family links and resettlement into communities
- ❑ Opportunity to intervene in chaotic lives of people experiencing multiple disadvantage and to break cycles of exclusion & deprivation
- ❑ Context for innovative projects [e.g. horticulture] that connect health & sustainability and prioritise skills development, employability & empowerment – often co-led by CSOs

Conclusion and Future Directions



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Healthy Prisons

Links

Prison Reform Trust <http://www.prisonreformtrust.org.uk/>

World Health Organisation (Health in Prisons Programme) <http://www.euro.who.int/en/health-topics/health-determinants/prisons-and-health/who-health-in-prisons-programme-hipp>

World Health Organisation (Prisons and Health) <http://www.euro.who.int/prisons>

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Universities

Key Websites

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2015 International Conference on Health Promoting Universities and Colleges: 10 Years After the Edmonton Charter
<http://www.internationalhealthycampuses2015.com/>

UK Healthy Universities Network

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