# Gender-transformative Health Promotion: An Opportunity for Civil Society

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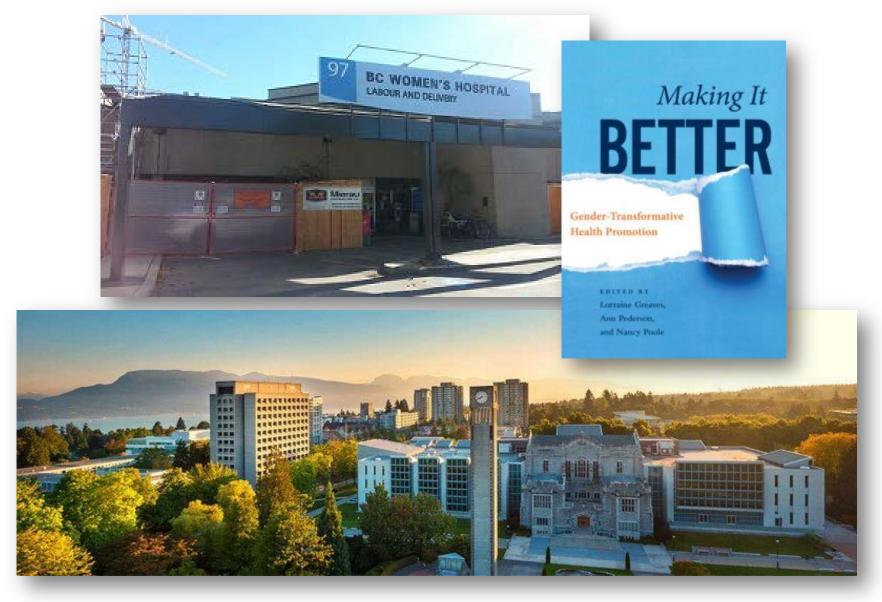


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President,
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among Races and
Peoples

UFER

# **Health Sector/Academia**



# **Civil Society**



Mouvement International pour l'Union Fraternelle entre les Races et les Peuples International Movement for Fraternel Union among Races and Peoples

Tous les êtres humains naissent libres et égaux en dignité et en droits

Article premier • Déclaration universelle des droits de l'homme

All human beings are born free and equal in dignity and rights

Article 1 • Universal Declaration of Human Rights

version française | english version

# Overview of Our Perspective

- 1. If we conduct a gender analysis, we can identify the gendered nature of many issues
- 2. Health is associated with social status, including the status of women and gender minorities
- Addressing gender discrimination, harmful gender norms, and gender inequalities can become part of the solution to health problems
- 4. Civil society organizations are well positioned to engage in gender-transformative health promotion

### The truth about Clinton's health



# Rio 2016: Support as China's Fu Yuanhui breaks period taboo

By Helier Cheung BBC News

15 August 2016 | China

How were women's bodies discussed in regard to women's athletics during the 2016 Rio Olympic Games?

"Competing in the Olympics is stressful at the best of times - but imagine doing so while having your period."

http://www.bbc.com/news/world-asia-china-37081669

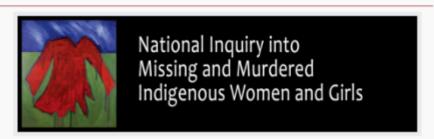
Fu Yuanhui won a bronze medal in the Women's 100m Backstroke

What does Canada's national inquiry into missing and murdered indigenous women and girls suggest about gender, racialization and violence? What are the individual, collective and institutional impacts?



### National Inquiry into Missing and Murdered Indigenous Women and Girls

The Government of Canada launched an independent national inquiry into missing and murdered Indigenous women and girls. The National Inquiry into Missing and Murdered Indigenous Women and Girls is independent from the federal government. The inquiry will establish its own office and website. Contact information for the inquiry will be posted as soon as it is available. When it is available, please contact the inquiry directly to learn how to participate in or work for the inquiry.



⚠ This website deals with topics which may cause trauma to readers due to its troubling subject matter. The Government of Canada recognizes the need for safety measures to minimize the risks associated with traumatic subject matter. A national, toll-free crisis call line has been set up to provide support for anyone who requires assistance. This line is available free of charge, 24 hours a day, 7 days a week. Please call 1-844-413-6649 if you or someone you know is triggered and needs help or support while reading the content on this website.



Building the feminist movement in Namibia



ABOUTUS \*



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#### Causes of GBV

Understanding the causes of intimate partner violence is a complex process since this type of violence is a product of its social context. Although GBV occurs in all socioeconomic groups, different researches concluded +h~

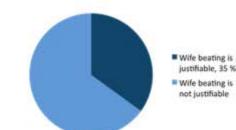
Persistence of GBV

norms and alcohol consumption also contribute to the large-scale occurrence of violence.

Forms of GBV:

- Domestic violence
- Sexual abuse and violence
- Sexual harassment
- Some forms of trafficking.
- · Forced progetty Tion

MORE THAN ONE-THIRD OF NAMIBIAN MEN FEEL THAT WIFE BEATING IS JUSTIFIABLE FOR ONE OR MORE REASONS



Source: https://sisternamibia.com/gender-based-violence/basic-gender-information/numbers-figures/

- Different forms of GBV

# **Social Marketing Campaigns**







"To effectively address the intersection between HIV/AIDS and gender and sexuality requires that interventions should, at the very least, not reinforce damaging gender and sexual stereotypes."

**Geeta Rao Gupta 2000** 

http://siteresources.worldbank.org/EXTAFRRE GTOPGENDER/Resources/durban\_speech.pdf



# Gender Relations are a Determinant of Health



"The differential status of men and women in almost every society is perhaps the most pervasive and entrenched inequity. As such, the relation between the sexes represents as pressing a societal issue for health as the social gradient itself." (Marmot, 2007, p. 1155)

Marmot, M. (2007). Achieving health equity: from root causes to fair outcomes. *The Lancet*, *370*: 1153-1163.

### **Melbourne Declaration 2014**



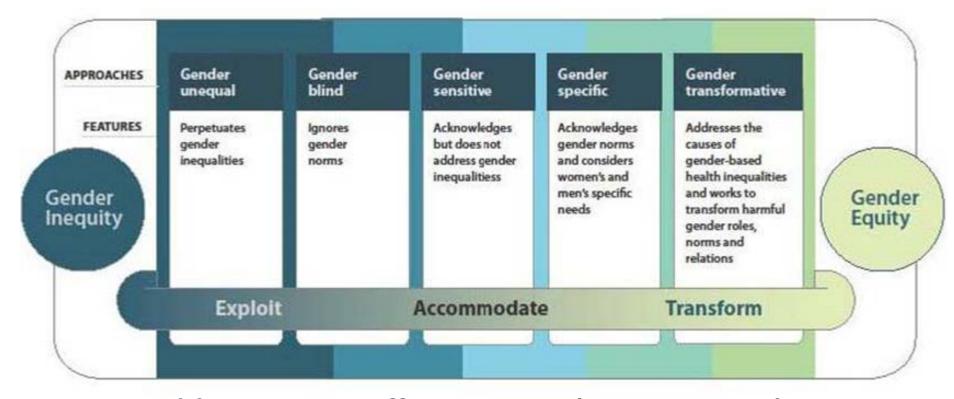
"... non-discrimination is fundamental to an evidencebased, rights-based and gender transformative response to HIV and effective public health programmes....



The promotion of gender equity is essential to HIV responses that truly meet the needs of those most affected...."

Source: http://www.aids2014.org/Default.aspx?pageId=734

### **Action on Gender + Health**



Health promotion efforts may exploit, accommodate or transform gender inequalities to pursue health goals.

Adapted from: Interagency Gender Working Group Task Force Report. (2004). The 'So what? Report. A look at whether integrating a gender focus into programs makes a difference to outcomes. Washington, DC: USAID.

# **Gender-exploitative**

 Play to gendered fears, sexualize women (or men) or treat women (or men) as a homogeneous group





# **Gender-accommodating**

- Do not address the root causes of gender imbalances in power, resources or opportunities
- Providing child-minding for women can be gender-specific
- Programs that offer women-only spaces may be accommodating gender norms







## **Gender-transformative**

Gender-transformative health promotion aims to improve health and gender equity at the same time.



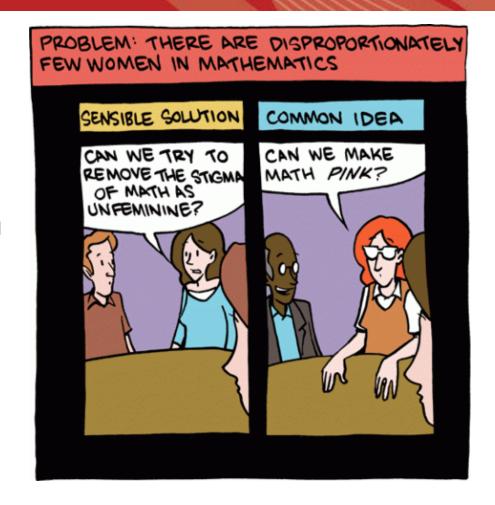
Aligns with Sustainable Development Goal 5:

Achieve gender equality and empower all women and girls

https://sustainabledevelopment.un.org/sdg5

### How?

Address the causes of gender-based health inequalities/inequities and work to transform harmful gender roles, norms and relations



#### **Women Friendly Cities**

#### ARE CITIES WHERE WOMEN

- · Can access health, education and social services.
- · Can access employment opportunities.
- Can access high quality and comprehensive urban services (sucl accommodation and security).
- Can access mechanisms that will guarantee their rights in the eviolence.

#### ARE CITIES WHERE

- Local governments take into account women's issues and persp and decision-making processes.
- Women are supported and encouraged to participate in all area basis with men.

In essence, women friendly cities are those cities where all the residcan equally benefit from the financial, social and political opportunit them.



# Women Transforming Cities Dialogue Cafés

Urban Thinkers Campus Report – Extended Version April 2016









http://www.womenfriendlycities.com/index.php?lang=en

http://womentransformingcities.org/wp-content/uploads/2016/05/WTC\_Urban\_Thinkers\_Campus\_Report\_EXTENDED\_VERSION.pdf

**Gender** Opinion

# Women-only train carriages? What a ridiculously regressive idea Gabrielle Jackson

Every car on the Delhi metro has a women-only car: their purpose is to thwart the sexual harassers who make bus commuting or even walking on the sidewalk a constant unpleasant gamble for women here, and are a chief reason why many people don't want their wives or daughters to work outside their homes. Ideologically, I chafe at the idea that women need their own metro car - but in practice, I love riding in them.

Stephanie Nolen

http://www.theglobeandmail.com/news/world/worldview/finding-solace-in-delhis-women-only-subway-car/article548716/

y carefully about what the proposal for female-only train we saying women aren't safe to be alone in our society?



#### **Gender Lens**

The people, places and perspectives behind the data

Source: http://blog.icrw.org/accidental-empowerment/

Gender Lens > Accidental Empowerment

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### **Accidental Empowerment**

Thursday, April 14th, 2011

Women are on the move in New Delhi, and in an entirely permanent

The Metro is empowering women ... It illustrates why it is important to consider big, innovative technologies – such as infrastructure projects – as a way to empower

women.

.....rimportant lessons for the U.S. government's new ...earm its inaugural Quadrennial Diplomacy and Development Review (QDDR). The QL provides concrete steps to promote innovation and technology in USAID's work to achieve development outcomes. It also calls for a focus on gender equality and elevated investments in women and girls as a way to "maximize results across the board."

The Delhi Metro is a striking example of how to double the impact of our foreign assistance dollars - in this case,

### **Summary: Transform Gender Relations**

- ✓ Encourage critical awareness of gender roles and norms
- ✓ Promote the position of women relative to men
- ✓ Challenge the imbalance of power, distribution of resources, and allocation of duties and roles between women and men
- ✓ Engage men and boys through information sharing, raising interest and support, or empowerment strategies for less empowered men and boys
- ✓ Adopt systemic solutions that change the conditions of girls'
  and women's lives



# From Mud Comes Improbable Beauty

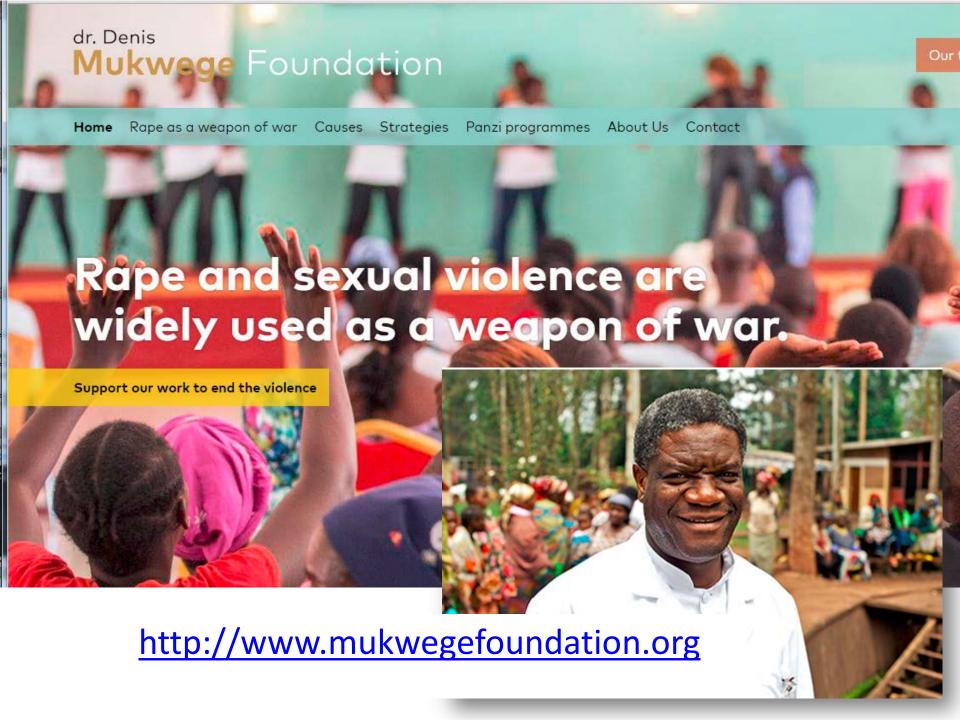


### Personal Reflections...

- 1. What registers for me from what has been said so far?
- 2. What is my initial reaction?
- 3. What have I learned?

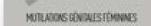




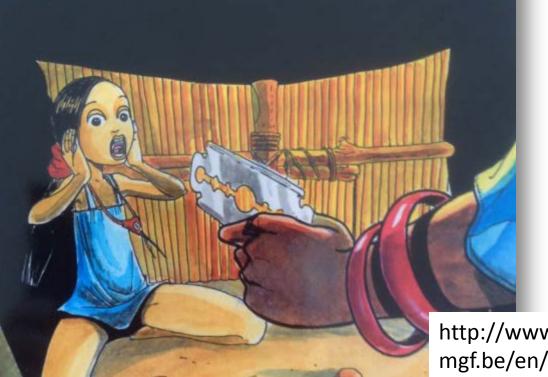


# DIARIATOU AND THE TRADITION

SCRIPT : PATRICK THEUNEN - DRAWINGS, COLORING: EL HADJI SIDY NDIAYE



## The Challenge of FGM





http://www.strategiesconcerteesmgf.be/en/tool/diariatou-and-the-tradition/

a project supported by the Dephris of the E u r o p e a n PRODUCT BY GAMS BELGIUM Commission



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#### **OUR PROGRAMS**



For Preschools



#### Gunawirra

#### in Aboriginal mythology Gunawirra means the invisible seed of all creation

Gunawirra, a not-for-profit PBI organisation made up of Aboriginal and non-Aboriginal professionals working side by side for fundamental improvements in the life of Aboriginal families, their infants and children.

Gunawirra's primary role is to create models of excellence by designing unique, innovative and transformational programs that are fully evaluated.

These unique models of excellence allows Gunawirra's work to be replicated in widening community circles of effectiveness.

We empower young Aboriginal parents with babies and young children to intervene in their own lives.

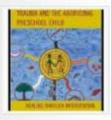
#### Main Gunawirra Projects:

 Support for young families from pregnancy to five years of age in our special Young Aboriginals Mothers Program (YAMP).

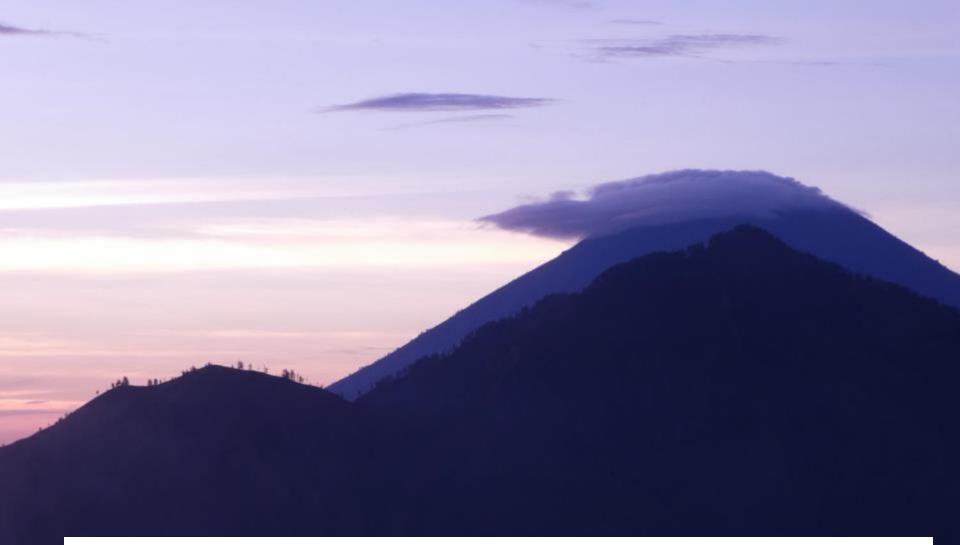
#### Events



#### **Publications**



Picture Gallery



"The Thais told me about the 'triangle that moves the mountain.' The three corners of the triangle are: government, knowledge/academia and the people. Get the three working together and we can move mountains."

Michel Marmot, The Health Gap, 2015 (pp. 327/328).

### **Table Talk**

- 1. What are the opportunities and challenges for civil society to act on gender and health?
- 2. How is this work challenged by traditional and cultural frameworks of thought?

# **Continuing the Conversations**

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Thank You

Dank Je